



St White's Primary School



Challenge, Commit, Conquer and Celebrate





Long Term Overview for PSHE and Safeguarding Curriculum Including Mental Health

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Citizenship and British Values	Understanding personal change and responsibility -All	Understanding the dynamics of a healthy	Living in the wider world-Media Influence	Health and Well Being-Keeping Safe, People Who help us	Internet Safety Revisit
	Social Issues-	about Me	relationship -		Aspirations/Science	Mental Health-
	Community-	Kindness and Anti	Friends and	Financial Capability-	Week	Facts 4 Life-
		Bullying	Family	Class Fun Raising		Adapted to suit
	Internet Safety	Wear Blue Campaign		Project to raise		needs of the
			PANTS	money for selected		class(Focus on
				local charity		Emotions)
Year 1	Citizenship and	Understanding	Understanding	Living in the wider	Health and Well	Internet Safety
	British Values	personal change and responsibility -All	the dynamics of a healthy	world-Media Influence	Being-Keeping Safe, People Who help us	Revisit
	Social Issues-	about Me	relationship -		Aspirations/Science	Mental Health-
	Community-	Kindness and Anti	Friends and	Financial Capability-	Week	Facts 4 Life-
		Bullying	Family	Class Fun Raising		Adapted to suit
	Internet Safety			Project to raise		needs of the
		Wear Blue Campaign	PANTS	money for selected		class(Focus on
		17/11/17		local charity		Emotions)

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Health







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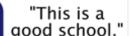
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Year 2	Citizenship and British Values	Understanding personal change and responsibility -All	Understanding the dynamics of a healthy	Living in the wider world-Media Influence	Health and Well Being-Keeping Safe, People Who help us	Internet Safety Revisit
	Social Issues- Community-	about Me Kindness and Anti Bullying	relationship - Friends and Family	Financial Capability- Class Fun Raising	Aspirations/Science Week	Mental Health- Facts 4 Life- Adapted to suit
	Internet Safety	Wear Blue Campaign 17/11/17	PANTS	Project to raise money for selected local charity		needs of the class(Focus on Emotions)
Year 3	Mental Health- Belinda Heaven Handbook Internet Safety	Citizenship and British Values Kindness and Anti Bullying Wear Blue Campaign 17/11/17	Friends and Family Social Issues	Media Influence	Keeping Safe at Home/Keeping safe outside Growing up	Personal Responsibility
Year 4	Mental Health- Belinda Heaven Handbook	Citizenship and British Values Kindness and Anti Bullying	Friends and Family	Financial Capability- Class Fun Raising Project to raise	Keeping Safe at Home/Keeping safe outside	Personal Responsibility
	Internet Safety	Wear Blue Campaign 17/11/17	Social Issues	money for selected local charity	Growing up	





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Year 5	Citizenship and British Values	Friends and Family Kindness and Anti Bullying Wear Blue Campaign 17/11/17	Mental Health- Belinda Heaven Handbook	Growing up	Keeping safe at home, Keeping safe outside	Media influence
Year 6	Citizenship and British Values	Friends and Family Kindness and Anti Bullying Wear Blue Campaign 17/11/17	Mental Health- Belinda Heaven Handbook	Growing up	Keeping safe at home, Keeping safe outside	Dove Campaign- Body Image Media influence

All Topic/Themes have been chosen from the Pink Curriculum. Please refer to the Pink Curriculum when planning for your own class-please look at the objectives and resources included in the handbook. Please consider differtiation for your class and Year group and progress depth of learning across the subjects.

Interventions

Large Scale Interventions

Dove Campaign (Year 6)

Facts 4 Life (Any Year Group)

Counting Sleep (Upper Key Stage 2)

Oaks (KS2)

Make me a Superhero (Any KS1 /EYFS)

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Positive Touch (Any KS1 /EYFS)

Smaller Interventions

PALS

Lego Mood Monsters

Anger management

Events

Mental Health Week

Anti-Bullying Week

Healthy Eating

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