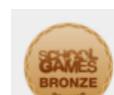




Challenge, Commit, Conquer and Celebrate

Long Term Overview for PSHE and Safeguarding Curriculum Including Mental Health

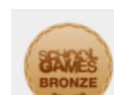
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Citizenship and British Values Social Issues-Community- Internet Safety	Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign	Understanding the dynamics of a healthy relationship - Friends and Family PANTS	Living in the wider world -Media Influence Financial Capability- Class Fun Raising Project to raise money for selected local charity	Health and Well Being -Keeping Safe, People Who help us Aspirations/Science Week	Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class(Focus on Emotions)
Year 1	Citizenship and British Values Social Issues-Community- Internet Safety	Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 17/11/17	Understanding the dynamics of a healthy relationship - Friends and Family PANTS	Living in the wider world -Media Influence Financial Capability- Class Fun Raising Project to raise money for selected local charity	Health and Well Being -Keeping Safe, People Who help us Aspirations/Science Week	Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class(Focus on Emotions)





Challenge, Commit, Conquer and Celebrate

Year 2	<p>Citizenship and British Values</p> <p>Social Issues-Community-</p> <p>Internet Safety</p>	<p>Understanding personal change and responsibility -All about Me</p> <p>Kindness and Anti Bullying</p> <p>Wear Blue Campaign 17/11/17</p>	<p>Understanding the dynamics of a healthy relationship - Friends and Family</p> <p>PANTS</p>	<p>Living in the wider world-Media Influence</p> <p>Financial Capability-Class Fun Raising Project to raise money for selected local charity</p>	<p>Health and Well Being-Keeping Safe, People Who help us Aspirations/Science Week</p>	<p>Internet Safety Revisit</p> <p>Mental Health-Facts 4 Life-Adapted to suit needs of the class(Focus on Emotions)</p>
Year 3	<p>Mental Health-Belinda Heaven Handbook</p> <p>Internet Safety</p>	<p>Citizenship and British Values</p> <p>Kindness and Anti Bullying</p> <p>Wear Blue Campaign 17/11/17</p>	<p>Friends and Family</p> <p>Social Issues</p>	<p>Media Influence</p>	<p>Keeping Safe at Home/Keeping safe outside</p> <p>Growing up</p>	<p>Personal Responsibility</p>
Year 4	<p>Mental Health-Belinda Heaven Handbook</p> <p>Internet Safety</p>	<p>Citizenship and British Values</p> <p>Kindness and Anti Bullying</p> <p>Wear Blue Campaign 17/11/17</p>	<p>Friends and Family</p> <p>Social Issues</p>	<p>Financial Capability-Class Fun Raising Project to raise money for selected local charity</p>	<p>Keeping Safe at Home/Keeping safe outside</p> <p>Growing up</p>	<p>Personal Responsibility</p>





Challenge, Commit, Conquer and Celebrate

Year 5	Citizenship and British Values	Friends and Family Kindness and Anti Bullying Wear Blue Campaign 17/11/17	Mental Health- Belinda Heaven Handbook	Growing up	Keeping safe at home, Keeping safe outside	Media influence
Year 6	Citizenship and British Values	Friends and Family Kindness and Anti Bullying Wear Blue Campaign 17/11/17	Mental Health- Belinda Heaven Handbook	Growing up	Keeping safe at home, Keeping safe outside	Dove Campaign- Body Image Media influence

All Topic/Themes have been chosen from the Pink Curriculum. Please refer to the Pink Curriculum when planning for your own class-please look at the objectives and resources included in the handbook. Please consider differentiation for your class and Year group and progress depth of learning across the subjects.

Interventions

Large Scale Interventions

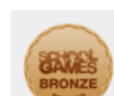
Dove Campaign (Year 6)

Facts 4 Life (Any Year Group)

Counting Sleep (Upper Key Stage 2)

Oaks (KS2)

Make me a Superhero (Any KS1 /EYFS)





Challenge, Commit, Conquer and Celebrate

Positive Touch (Any KS1 /EYFS)

Smaller Interventions

PALS

Lego Mood Monsters

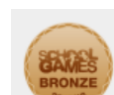
Anger management

Events

Mental Health Week

Anti-Bullying Week

Healthy Eating



"This is a
good school."