# Parent Information – Friday 11th September 2020

Thank you to everyone who has rung this week to check whether their child's symptoms mean that they cannot attend school. This is very helpful to us as we can talk it through with you on the day and reassure you about what is expected. As ever, we are following government advice that children with a cold should be in school and only those with a new and persistent cough <u>and</u> temperature (possibly accompanied by a loss of the sense of taste and/or smell) should not be in school. These children should be tested to reassure everyone that it is not Covid-19.

As a school, we have been advised by the Local Authority that we should only inform parents if there is a confirmed case in school. In this case we will contact you immediately to tell you what is going on and what will happen next. Like your children, staff do sometimes get ill and it will generally not be anything serious or infectious so please don't worry if a member of staff is absent. We have organised the classes so that there should be cover from staff in school which will avoid calling on supply teachers thereby reducing the number of strangers in school. If you have any questions about this, please do contact us.

Social distancing rules are changing again and we thought that it might be useful for us to put the new government restrictions in here for you in case you've missed them in the media. From Monday, gatherings both indoors and outdoors will be restricted to six people. Social distancing is getting better and better on the school site. I hope that you are all finding the bird footprint markers helpful as well as decorative!

Thank you to everyone who brings the children to school or collects them. The system at the gates is working much better now as we all get used to the 'new normal'. One of the reasons that it is all working so much better is that those of you who arrive early at drop off or collection times, are keeping well away from the gates to wait, and only approaching the gates at the correct time. Thank you!

The use of face masks is not required or encouraged in school for pupils or staff, but if parents and carers wish to use them on the school site, at drop off and collection times, you are welcome to do so. We understand that some parents are finding the school site quite busy and that social distancing can be difficult at times. Our next step in improving the system is to ensure that parents stand on the social distancing markers opposite the classrooms at drop off and pick up times. This will enable the children to get safely to class or be released safely to you at the end of the day.

#### Lunch boxes

Thank you to everyone who has already got on board with our 'water at lunchtime' message for the Healthy Schools award. We are very grateful for your support with this and I am sure you agree that the fewer things that come into school, the better. I know that some of you are having sandwiches for the first time and so may not be aware of the expectations. For this reason, I would just like to remind you that sweets and chocolate bars are not allowed in school. Our School Healthy Eating Policy says:

A healthy packed lunch should contain a healthy balance of foods.

No single food contains all the essential nutrients the body needs to be healthy and function efficiently, so it is important that the content of a packed lunch is varied.

Set out below are some suggestions:

- A starchy food, such as bread, rolls, pitta bread, naan bread, potatoes, rice, noodles. These are good to fill children up.
- A good source of protein, iron, and zinc such as meat, fish, beans, nuts and eggs
- A good source of calcium such as milk, cheese, yoghurt of fromage frais
- A portion of fruit and a portion of vegetable or salad to provide other vitamin and minerals

#### **Activities in School next week:**

Year 6 pupils who have signed up - Cycling Proficiency all week

Sparrow Class – Forest School on Wednesday 16<sup>th</sup> September (every week until 14<sup>th</sup> October)

Nightingale Class – Forest School on Thursday 17<sup>th</sup> September (every week until 15<sup>th</sup> October)

Kingfisher Class – Allotment on Wednesday 16<sup>th</sup> September

# Sports Clubs -

Monday - Football Year 5 & 6

Tuesday – Football Year 3 & 4

Wednesday - Football Year 1 & 2

Thursday - Multi-Sports Year 3 & 4

Friday – Multi-Sports Year 1 & 2

### **TT Rockstars**

As we are starting a new academic year all TT rockstars accounts have been reset so children can put all their efforts in to getting a new quick score! Coins earned have been maintained so you will not have lost out! All children from year 2 up will do a baseline in school in the first 2 weeks of term so we can monitor progress. If you are unsure of your log ins ask your teacher. Let's all rock into the new school year and see who can get a higher score than Miss Cinderey!

### **Secondary Schools**

Year 6 pupils – apply for secondary school places before 31<sup>st</sup> October 2020. If you are looking for information about local secondary schools, please check out their websites – we will also pass on any information which they send us.

We have been asked to inform parents of Y6 pupils that many secondary schools may not be able to offer on-site tours, open evenings and open days. These secondary schools are working hard to find other ways of showing you what their school is like and we will keep you informed as soon as we know more.

## Reminders

Please use the online system to sign up for a flu immunisation for your child. You can contact the office if you need a paper consent form. The link is <a href="https://immsconsentforms.glos-care.nhs.uk/GCSFluVac/FluConsent">https://immsconsentforms.glos-care.nhs.uk/GCSFluVac/FluConsent</a>

## **Newsletters**

We are going to send these updates with useful information every week, and we will produce a newsletter to celebrate what we are doing in school every few weeks. The first newsletter will be on Friday 25<sup>th</sup> September.