



St White's Primary School - PSHE

Phase: EYFS

Topic: All about Me

Knowledge

It's important to make friendships and know how to be a good friend. It's good to play with other children and invite them to play with you.

Adults at school are there to look after us and help us to learn new things and it is important that we can talk to them about what we are learning and how we are feeling. New situations can sometimes be scary, but we can feel better about it if we have good relationships with our friends.

WE all have different feelings at times and that it is important to try to explain the way that we are feeling.

Values

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| Challenge | What do you find challenging? |
| Commit | What will you commit to at school? |
| Conquer | How will you conquer the challenge of doing new things? |
| Celebrate | How do we feel when it is time to celebrate? |

Technical vocabulary

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| play | To do a fun activities on your own or with a friend. |
| share | To give a toy to a friend to play with or play with it together. |
| Take turns | To give a toy to a friend to play with after you have had your turn. |
| fair | To follow the rules. |
| friend | A person you like to play with. |
| friendship | When you are friends with someone. |
| kind | Helping someone out or saying something nice. |
| kindness | Being kind to someone. |
| feelings | Happy, sad, cross, excited, poorly, scared, nervous, brave |

Our Feelings



happy



cross



excited



sad



poorly



scared



nervous

Key facts and figures