





STAYING SAFE ONLINE

 Passwords ✓ Always keep your passwords private. (Only share them with your parents/carers) ✓ Make your passwords at least 8 characters long with a mixture of numbers and special characters. ✓ Try to remember it by heart. If you have to write it down, keep it somewhere safe and secure. 	 Personal Information ✓ Never share anything that can individually identify you. For example, your full name, your address, your school or your age. ✓ Where possible, use a nickname or different username.
 Remember, not everything online is 100% true. Double check information you find with reliable sources, such as BBC website. ✓ Often, people write their own opinions without facts to back them up. Always fact check. 	 Privacy Settings ✓ Ensure that all the interactive platforms you use have the correct age appropriate settings. Ask an adult to help you, if you are unsure. ✓ Think – who can see what I am doing? Make sure you are only contacting people you know in real life.
 Sharing ✓ Remember that whatever you share stays online somewhere. Consider this before sending images and messages to others. ✓ You must have permission before sharing images of others. ✓ When communicating with others, consider how you interact. Think – would you be happy if you received that message? 	 Report If you see anything that makes you feel uncomfortable, tell someone you trust. Remember you can also press the REPORT button on all online platforms. Ensure you know where it is.

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