



St White's Primary School - PSHE



Phase: UKS2

Aiming high

What should I already know?

H18. about everyday things that affect feelings and the importance of expressing feelings
 H25. about personal identity; what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)
 H26. that for some people gender identity does not correspond with their biological sex
 H27. to recognise their individuality and personal qualities
 H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth

Key knowledge

- I have acquired many skills through Primary school and this started in reception.
- We learn through our attitude and our behaviour and this can effect the amount we learn.
- There are different types of learners.
- Visual learners – remember things through diagrams, drawing and seeing things in real life.
- Auditory learners – learn through talking and people explaining things to me.
- Kinaesthetic learners – when learning a new skill I like to practise this and learn through movements.
- Each individual learns in different ways and we must make allowances for this.
- Having a positive outlook on something can attribute to success.
- Some barriers are often out of our control when trying to be successful and can be difficult to overcome but we must persevere.
- Some obstacles may include – being frightened of making a mistake, not asking for advice or giving up too soon.
- Power and privilege is still a part of our society but we must work hard to ensure that this doesn't define us.
- We should take as many opportunities to become successful and to develop as people.
- We should make the most of opportunities and try to enjoy these as much as possible.
- You can be from any background, ethnicity to become successful.

Values

Challenge	How do we overcome the challenges we face in learning?
Commit	How can we commit to grasping opportunities that are given to us.
Conquer	How can we conquer society so that everyone gets equal opportunities
Celebrate	How do we celebrate our differences in the world we live in?



Technical vocabulary mat

opportunity	a time or set of circumstances that makes it possible to do something.
privilege	a special right, advantage, or immunity granted or available only to a particular person or group.
kinaesthetic	Understanding or learning through movement and repetition.
auditory	Learning through sound.
visual	Learning through seeing.
achieve	successfully bring about or reach a goal.
goal	the object of a person's ambition or effort; an aim or desired result.
positive attitude	A mind-set where you believe you can achieve anything and become successful.
succeed	achieve the desired aim or result.
future	events that will or are likely to happen in time to come.
determine	cause (something) to occur in a particular way or to have a particular nature.
gender	either of the two sexes (male and female).
prepare	make (something) ready for use or consideration.