



St White's Primary School
Challenge, Commit, Conquer and Celebrate



Long Term Overview for PSHE and Safeguarding Curriculum Including Mental Health

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<ul style="list-style-type: none"> Citizenship and British Values Social Issues-Community- Internet Safety 	<ul style="list-style-type: none"> Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Understanding the dynamics of a healthy relationship - Friends and Family PANTS 	<ul style="list-style-type: none"> Living in the wider world-Media Influence Financial Capability-Class Fun Raising Project to raise money for selected local charity 	<ul style="list-style-type: none"> Health and Well Being-Keeping Safe People Who help us Aspirations/Science Week 	<ul style="list-style-type: none"> Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class (Focus on Emotions)
Year 1	<ul style="list-style-type: none"> Citizenship and British Values Social Issues-Community- Internet Safety 	<ul style="list-style-type: none"> Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Understanding the dynamics of a healthy relationship - Friends and Family PANTS 	<ul style="list-style-type: none"> Living in the wider world-Media Influence Financial Capability-Class Fun Raising Project to raise money for selected local charity 	<ul style="list-style-type: none"> Health and Well Being-Keeping Safe People Who help us Aspirations/Science Week 	<ul style="list-style-type: none"> Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class (Focus on Emotions)

Sneyd Wood Road, Cinderford,
 Gloucestershire, GL14 3GD 0
 Tel: 01594 822311
admin@st-whites.gloucs.sch.uk
<http://www.st-whites.gloucs.sch>
www.facebook.com/stwhitesprip



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Year 2	<ul style="list-style-type: none"> Citizenship and British Values Social Issues-Community- Internet Safety 	<ul style="list-style-type: none"> Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Understanding the dynamics of a healthy relationship - Friends and Family PANTS 	<ul style="list-style-type: none"> Living in the wider world-Media Influence Financial Capability- Class Fun Raising Project to raise money for selected local charity 	<ul style="list-style-type: none"> Health and Well Being-Keeping Safe People Who help us Aspirations/Science Week 	<ul style="list-style-type: none"> Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class (Focus on Emotions)
Year 3	<ul style="list-style-type: none"> Mental Health-Belinda Heaven Handbook Internet Safety 	<ul style="list-style-type: none"> Citizenship and British Values Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Friends and Family Social Issues 	<ul style="list-style-type: none"> Media Influence 	<ul style="list-style-type: none"> Keeping Safe at Home/Keeping safe outside Growing up 	<ul style="list-style-type: none"> Personal Responsibility
Year 4	<ul style="list-style-type: none"> Mental Health-Belinda Heaven Handbook Internet Safety 	<ul style="list-style-type: none"> Citizenship and British Values Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Friends and Family Social Issues 	<ul style="list-style-type: none"> Financial Capability- Class Fun Raising Project to raise money for selected local charity 	<ul style="list-style-type: none"> Keeping Safe at Home/Keeping safe outside Growing up 	<ul style="list-style-type: none"> Personal Responsibility
Year 5	<ul style="list-style-type: none"> Citizenship and British Values 	<ul style="list-style-type: none"> Friends and Family Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Mental Health-Belinda Heaven Handbook 	<ul style="list-style-type: none"> Growing up 	<ul style="list-style-type: none"> Keeping safe at home/ Keeping safe outside 	<ul style="list-style-type: none"> Media influence

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www.facebook.com/stwhitespri



Historic England



We're working towards Artsmark Awarded by Arts Council England



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Year 6	<ul style="list-style-type: none"> Citizenship and British Values 	<ul style="list-style-type: none"> Friends and Family Kindness and Anti Bullying Wear Blue Campaign 	<ul style="list-style-type: none"> Mental Health- Belinda Heaven Handbook 	<ul style="list-style-type: none"> Growing up 	<ul style="list-style-type: none"> Keeping safe at home/ Keeping safe outside 	<ul style="list-style-type: none"> Dove Campaign- Body Image Media influence
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All Topic/Themes have been chosen from the Pink Curriculum. Please refer to the Pink Curriculum when planning for your own class-please look at the objectives and resources included in the handbook. Please consider differentiation for your class and Year group and progress depth of learning across the subjects.

Interventions

Large Scale Interventions

Dove Campaign (Year 6)

Facts 4 Life (Any Year Group)

Counting Sleep (Upper Key Stage 2)

Oaks (KS2)

Make me a Superhero (Any KS1 /EYFS)

Positive Touch (Any KS1 /EYFS)

Smaller Interventions

PALS

Lego Mood Monsters

Anger management

Events

Mental Health Week

Anti-Bullying Week

Healthy Eating

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