

## Knowledge Organiser: Tennis Y3

## Links to the PE National Curriculum

- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination.
- Pupils should be taught to play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.

#### Key Skills: S.E.T Key Skills: Physical

- Forehand
- Backhand
- Throwing
- Catchina
- Ready position

- · Social: Collaboration
- Social: Respect
- Social: Supporting others
- Emotional: Honesty
- Emotional: Perseverance
- · Thinking: Decision making
- Thinking: Understanding rules
- Thinking: Using tactics



### A player wins a point when:

- Opponent hits the ball in the net.
- · Opponent hits the ball out of the court area.
- Ball bounces twice.
- . Opponent does a double fault (meaning if they serve the ball and it hits the net, doesn't land on their opponent's side, they can have another go. If they miss again it is a double fault.)

## **Key Vocabulary:**

Encourage pupils to use this language in your lessons.

- Ready position
  - Racket Track
- Rally

- Control Return Opponent Accurately

## **Teacher Glossary**

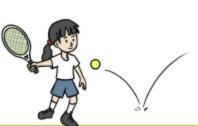
Forehand: A stroke where the player hits the ball with their palm facing forward.

Backhand: A stroke where the player hits the ball with a swing that comes across their body.

Ace: A serve that is a winner without the receiving player being able to return the ball.

Baseline: The line indicating the back of the court.

Face: The top part of the racket that has the strings and is meant to hit the ball.







# Where this unit sits



## Assessment Criteria

#### Year 2

- I can defend space on my court using the ready
- I can describe how my body feels during exercise.
- I can hit a ball over the net and into the court area.
- I can throw accurately to a partner.
- I can use simple tactics to make it difficult for an
- · I know how to score points and can remember the
- I show good sportsmanship when playing against an

#### Year 3

- I am learning the rules of the game and I am beginning to use them to play fairly.
- I can provide feedback using key words.
- I can return a ball to a partner.
- I can use basic racket skills.
- I understand the aim of the game.
- I understand the benefits of exercise.
- I work cooperatively with my group to selfmanage games.

#### Year 4

- I am learning the rules of the game and I am beginning to use them to play honestly and fairly.
- can communicate with my teammates to apply simple
- I can explain what happens to my body when I exercise and how this helps to make me healthy.
- I can provide feedback using key terminology and understand what I need to do to improve.
- I can return to the ready position to defend my own court.
- I can sometimes play a continuous game.
- I can use a range of basic racket skills.
- I share ideas and work with others to manage our game.

## **Progression of Skills Ladder**

## Other units that progress into this activity are:

Games **Net and Wall Games Ball Skills Fundamentals** 

**Sending and Receiving** 

### Shots

Demonstrate increased technique when using shots both cooperatively serving underarm and competitively.

## Serving

Develop technique in with increased

## Year

both forehand and backhand with increased technique. consistency.

## Rallying Develop rallying using

Footwork Begin to use appropriate footwork patterns to move around the court.

#### Shots

Explore returning a ball using focus shots such as the forehand and backhand.

## Serving

Explore serving from an underarm serve.

## Year

Explore rallying with a forehand.

Rallying

## Footwork

Consistently use and return to the ready position in between shots.

### Hitting

Develop hitting a dropped ball over a net.

## Feeding

Accurately underarm throw over a net to a partner.

Year

### Rallying

Explore underarm rallying with a partner catching after one bounce.

### Footwork

Consistently use the ready position to move towards a ball.