



Re: Forest Schools and the allotment

Dear Parents and Carers,

It is very exciting that the school is able to continue with 'Forest School' and allotment sessions this year. The allotment has thrived this year. The trees and foliage surrounding the base camp of the Forest in the school grounds are maturing and providing an ideal location for us to explore, have fun and learn.

Forest School is an inspirational concept, providing learning opportunities through practical activities in an outdoor environment. Children enjoy the freedom to explore and experience the natural world in all seasons and in all weathers. It embraces an approach of nurturing, supporting and developing the self-esteem of participants and the school hosts the ideal environment in which to develop our children's problem solving, risk taking, creativity and teamwork skills. The school is very fortunate to have two members of staff who are fully qualified to run outdoor learning sessions – Mrs Hewitt and Mrs Guest.

The allotment sessions will once again be run by Hannah from the 'Rewild' Project. Forest School sessions will be led by myself and Mrs Guest. I will be running the Key Stage 1 and EYFS sessions and Mrs Guest will be leading sessions for KS2.

Set out below are the timetables to show when Forest Schools and allotment will take place over the coming academic year.

Forest School Sessions led by Mrs Hewitt. Sessions will take place on WEDNESDAYS.

Term	Class	Dates of sessions
Autumn 1	Sparrow	11/9/2019 – 9/10/2019
Autumn 2	Nightingale	13/11/2019 – 11/12/2019
Spring 1	Site to be rested	-
Spring 2	Kingfisher	4/3/2019 – 1/4/2019
Summer 1	Robin	22/4/2019 – 20/5/2019
Summer 2	Wren	10/6/2019 – 8/7/2019



Forest School Sessions by Mrs Guest. Sessions will take place on THURSDAYS.

Term	Class	Dates of sessions
Autumn 1	Skylark	12/9/2019 – 10/10/2019
Autumn 2	Jay	14/11/2019 – 12/12/2019
Spring 1	Site to be rested	-
Spring 2	Swift	5/3/2019 – 2/4/2019
Summer 1	Heron	23/4/2019 – 21/5/2019
Summer 2	Woodpecker	11/6/2019 – 9/7/2019

Allotment Sessions – WEDNESDAY afternoons.

Please ensure that your child has a pair of wellies, old trousers and a waterproof coat in school on the day of their allotment session.

Autumn		Spring		Summer	
Week Beginning	Class	Week Beginning	Class	Week Beginning	Class
2-9-19	Skylark	6-1-20	Allotment to be rested.	20-4-20	Wren
9-9-19	Peregrine	13-1-20		27-4-20	Peregrine
16-9-19	Jay	20-1-20		4-5-20	Jay
23-9-19	Heron	27-1-20		11-5-20	Skylark
30-9-19	Woodpecker	3-2-20		18-5-20	Woodpecker
7-10-19	Nightingale	10-2-20		25-5-20	Half term
14-10-19	Kingfisher	17-2-20	Half term	1-6-20	Heron
21-10-19	Robin	24-2-20	Nightingale	8-6-20	Kingfisher
28-10-19	Half term	2-3-20	Wren	15-6-20	Nightingale
4-11-19	Allotment to be rested.	9-3-20	Sparrow	22-6-20	Sparrow
11-11-19		16-3-20	Swift	29-6-20	Swift
18-11-19		23-3-20	Peregrine	6-7-20	Jay
25-11-19		30-3-20	Robin	13-7-20	Skylark
2-12-19					
9-12-19					
16-12-19					















The safety and welfare of the pupils participating in Forest School and allotment sessions is paramount and therefore all tasks are age-appropriate and risk assessments have been carried out for all activities prior to taking place. The clothing that the children wear is also extremely important.









Please see the clothing list below. If you have any issues with getting the clothing your child requires, please do not hesitate to come into school to see me about it.

Essential Equipment: Clothing (for adults and children)

Please ensure that your child has the following items of clothing for the particular times of the year for their Forest School sessions. Children will not be able to take part in the sessions if they do not have the appropriate clothing to protect them from the weather and from cuts, scrapes and stings. Adults and children must wear long sleeves tops and trousers at all times. Layering clothing is the best way to keep warm and adjust to suit their temperature. We do provide children with waterproof clothing to put over their clothes but please do be aware that your child may still come home with mud on their clothes.

Cold Weather	Hot Weather
Woolly hat 	Sun hat 
Scarf 	Sun cream 
Gloves 	Gloves 
Coat/Jacket 	Coat/Jacket 
Fleece/warm jumper 	Sweatshirt/long sleeve top 
Long trousers 	Long trousers 
Thick socks 	Thick socks 



Walking boots/Wellingtons 	Walking boots/Wellingtons 
A bag with spare clothes in. 	A bag with spare clothes in. 
A spare carrier bag for wet/muddy clothes and shoes. 	A spare carrier bag for wet/muddy clothes and shoes. 

Finally, in order for your child to take part in Forest Schools, the school must have a completed medical form. Pupils in years 1-6 should have already filled this in. If anything has changed, or you cannot remember completing one, please ask Miss Blake or Mrs Saddington at the office for one.

Pupils in Reception will be given a medical form before the term they are timetabled to come out into Forest School.

Please do not hesitate to contact the office if you have any questions

Yours Sincerely

Mrs R Hewitt
Deputy Headteacher