



	Autumn B		<u>Spri</u>	ng B	Summer B	
<u>EYFS</u>	Introduction to PE: Pupils will be introduced to structured movement. Dance: Pupils will explore space safely.	Introduction to PE Unit 2: Pupils will develop structured movement including finding space, stopping safely, using and sharing equipment. Dance 2: Pupils will develop actions to a stimulus exploring dance in the world around them.	Fundamentals Unit 1: Pupils will develop their basic fundamental movement skills. Gymnastics: Pupils explore basic movements through creating shapes, balances and jumps.	Fundamentals Unit 2: Pupils will develop fine and gross motor skills through handling equipment. Gymnastics Unit 2: Pupils will begin to preform basic skills on the floor and on apparatus.	Games Unit 1: Pupils will develop fundamental skills through games. Ball Skills Unit 1: Pupils will develop their fundamental ball skills through a variety of equipment.	Games Unit 2: Pupils will develop fundamental skills through games working on teamwork and rules. Ball Skills Unit 2: Pupils will continue to develop fundamental ball skills whilst developing decision making and using simple tactics.
KS1 Year 1 and 2	Ball Skills : Pupils will develop fundamental ball skills whilst working individually and with a partner.Gymnastics 2: Pupils will explore floor routines and	Fundamentals 2: Pupils will observe and recognise improvements in fundamental movement skills. Dance 2: Pupils will use movement to express mood,	Sending and Receiving 2: Pupils will use sending and receiving skills individually and in small groups and begin to self-manage own activities. Yoga 2: Pupils will begin to learn yoga poses and	Fitness 2: Pupils will develop perseverance and determination to work for long periods of time. Invasion 2: Pupils will develop attacking and defending and keeping	Net and Wall 2: Pupils develop playing against an opponent over a net. Striking and Fielding 2: Pupils will learn how to score points and play	Athletics 2: Pupils will compete to improve their own performance by identifying areas of improvement. Team Building 2: Pupils begin to discuss, plan and
LKS2 Year 3 and 4	develop an awareness for creating sequences. Swimming: Pupils will develop basic swimming strokes increasing in confidence. Basketball: Pupils will develop their tactical awareness to regain possession.	 character, feeling and emotion. Dance: Pupils will develop movement through gestures, whilst developing confidence in preforming. Dodgeball: Pupils will develop their performance and begin to apply simple tactics. 	techniques connecting their mind and body. Gymnastics: Pupils will create more complex sequences whilst using pathways and including apparatus in a safe and controlled environment. Tag Rugby: Pupils will attempt to outwit their opponent using skills and	Yoga: Pupils will develop key principles of Yoga whilst creating yoga flows. Hockey: Pupils will learn how to play a game and keep possession of the ball by defending and winning the ball.	competitively. Athletics: Pupils will set challenges for distance and time using a variety of styles and techniques. Football: Pupils develop key skills in football and start to play uneven sided games.	reflect on different ideas and strategies. Rounders: Pupils explore the basics in fielding and striking in rounders and apply these to skill-based games. Tennis: Pupils will develop basic skills for tennis and begin to use strategies to outwit their opponent.





UKS Year and	<u>5</u> develop tactics to maintain	Handball: Pupils will develop principles in gaining possession working collaboratively within a team.	Netball: Pupils will apply tactics to outwit their opponents in order to win a game.	Dance: Pupils will develop choreography whilst working individually and with a group.	Swimming: Pupils will develop fluency with an increased confidence and learn the basics of survival.	Cricket: Pupils use tactics to outwit an opponent whilst playing fairly and demonstrating an understanding of the rules.
	Gymnastics: Pupils will develop trust in large groups whilst using formations to improve performance.	OAA: Pupils are encouraged to be inclusive and share ideas to lead small activities for their peers.	Volleyball: Pupils will develop the skills to be able to hold a continuous rally and match.	Tag Rugby: Pupils will learn how to carry the ball to draw a defence and apply these tactics to a game in order to outwit their opponents.	Athletics: Pupils are given the chance to officiate and competently complete a range of field and track events.	Fitness: Pupils will test, monitor and record data from their performance whilst seeking opportunities to maximise their fitness.